

ABSTRACT

A T-type bone anchor for attaching a structure, such as a braided cable, to bone includes an end unit attached in a T configuration to surgical cable. The anchor and 5 cable can be made of a biocompatible material such as stainless steel, titanium, titanium alloy, or other metals. The end unit enables distribution of pull forces over a large cross section of bone. The T-type arrangement of the end unit also enables insertion of the T-type bone anchor through a small hole relative to cable diameter. The cable portion of the T-type bone anchor enables folding of the T-type bone anchor to facilitate insertion, 10 flexibility, and resistance to fatigue failure. The cable can be coupled to orthopedic devices in a conventional manner. The T-type bone anchor and attached cable can be folded onto the end unit portion allowing packing into a conduit or needle for delivery into the bone.